

INTRODUCTION:

The subject of my inquiry is one of the greatest and most important questions of the day: IS THERE LIFE AFTER DEATH? We can add to that question: WHAT COULD POSSIBLY BE THE MEANING OF SURVIVAL?

We have all been called upon at one time or another to experience the pain of bereavement. We all have had the utmost desire to know what has happened to loved ones or to friends. Our mind has tried to fathom what conditions they exist in after their departure. Moreover, we realize that we too must travel that journey one day. It is inevitable.

Until the present era, survival remained on the margin of theological belief, as an act of faith or philosophical speculation. But the mind of modern man has placed the problem of survival into an entirely new dimension.

I will deal with the SEARCH AND RESEARCH OF SURVIVAL, that I have done with Dr. Karlis Osis of the American Society for Psychical Research and I will also draw from my personal and spontaneous experiences.

THE RELIGIOUS BELIEFS IN SURVIVAL:

I would like to take a few moments to speak about three major beliefs in survival. The first is that of Buddhism. This belief is held in a survival, but not a personal one. The Buddhist believes that he is a part of God. If they did any evil in this life, they would have to return to atone for this. In other words, being a part of God, therefore, they must be perfect to return into God. If they were not perfect they would take on a new body to make restitution for their evil acts. This is known as reincarnation.

The second belief in survival is that of the Jewish race. In the time of Christ, Jewish belief was a kind of shadowy existence, but not an extension. This they spoke of as Shoel and has little certitude of immortality.

The third belief is in survival and immortality. It is the Christian belief. This basic concept is Egyptian, and is that man has a body and soul. After man died the soul would one day return to the body and the person would resurrect glorious and perfect. This was adopted by the Christian as one of their basic dogmas which was taken from the teaching of Jesus Christ.

We conclude, therefore, with three kinds of survival:

1. The reincarnationist, who believe that they are part of God and must return to God in perfection.
2. The Jewish, who believe they are held in a shadowy existence, but not in an immortality.
3. The Christian, who believe that each one has an independent survival body and soul and would be raised, one day, in perfection.

It is not my purpose to prove survival by religious belief, but rather to point out that mankind universally, did believe in some existence after this life.

We have had no proof to rely on, and throughout history, we have tried to understand what it means to survive and what it is that survives. In what kind of consciousness do we exist?

WHAT SURVIVES?

The problem we are faced with is to find what survives. Is it soul or spirit, or both? There is no solid scientific evidence that either exists or survives. We have a self-evident principle that life exists. What is it? According to the most accepted historical belief of philosophers and theologians, it is that the soul survives after this life. They called this the principle of life. Once the soul leaves the body, a person dies.

The word spirit has many meanings. The context I am using is that it is the seat of consciousness. I identify it as the principle of our creative powers. I accept that soul or psyche gives one the individuality; and the spirit gives one the personality. According to Christian belief, spirit can be reborn again in this lifetime, but not the soul. For example: the spirit of love, the spirit of justice, etc., and even the spirit of a particular person may be reborn as when we say: "he or she has the spirit of his grandfather".

Having set this before you, I will go into both the spontaneous experiences and the scientific work I have done on survival, with Dr. Karlis Osis. I believe that they are equally important.

BIRTH OF ALEX II.

There are several reasons why I became interested in the scientific investigation of survival.

My first experience was the most traumatic. It happened at the age of five. My mother was carrying a kettle of boiling water. She accidentally tripped and the boiling

water was splashed all over me. I was not burned by the water. My parents decided to take me to the family doctor, who examined me and found nothing wrong with me. He suggested that I get some rest and see how I would be the next day.

As I started climbing the stairs, I looked up. I saw myself at the top of the stairs, not clearly, but I knew it was me. I waved and the other self waved back to me. Our friendship grew, and lasted several years. As time went on, the other self became more clear and I saw it was my double. I adopted him as my imaginary playmate.

It was this experience which led me, in later years, to the search and research for survival.

During the years from five to twelve years old, I had many out-of-body experiences. I had an out-of-body, unlike those others, (I speak of this for the first time.), in which I saw myself and saw my double, all at the same time. It was a strange experience. This also had an everlasting effect on me. I was caught, in some way, in a triangle. I have never heard of anyone having this kind of experience.

PERSONAL ENCOUNTER WITH SURVIVAL:

At the age of eleven, I had another traumatic experience. I had my "tri-experience". I was rushed to the hospital for surgery. Suddenly, I find myself out-of-body. I saw my physical body on the table. I saw my double standing nearby, and both of us watched the doctors and nurses operating on me.

Suddenly, all disappeared. I then encountered a dark line which I went through. I found myself in a beautiful light. This light came towards me and began to fill me, and then all was clear before me. I saw people I knew and some I did not know. I looked at myself and the light had created something, upon me, like a robe. I was living a beautiful experience--powerful and peaceful. I remember

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nothing else. When I awoke, it was to the music of the Armistice Day parade.

These experiences were the starting point to my search for my other self.

Through the years, I have had countless experiences which took place, but the challenge came when I was asked by Dr. Karlis Osis, if I could do it at will.

TESTING FOR OUT OF BODY:

The testing began. My first test was the "fly-in" experiment. I had done very well in this; so well that another psychic saw me bend over the target table like a jack knife. I had not known someone saw me until months later when Dr. Osis delivered a paper on it.

So my work began into the scientific research for the soul.

Two experiments were designed for me to do. The first was the Optical Image device. This is a structure about 2'x2'x3', inside which is a rotating disc divided into four quadrants each of a different color. On one of these quadrants a small picture (eg. image of a king-etc.) will appear. Each time the switch is thrown, one out of five possible target images is randomly selected and becomes visible on the disc. The quadrant and its color are also randomly selected. The equipment is designed so that no one, including the experimenters, knows the final combination, of quadrant, color and image, during the experiment. The only way to see the whole thing is by looking through the small window in front of the Optical Image device. After the session, the experimenter decodes the information from the automatic recording machine to find out what the targets were.

This experiment took lots of hard work, but one day, I found the criteria. I experienced myself, out-of-body, as a spot of consciousness. I felt like a light. First

this light is large and then comes to a point like a needle. I had the sensation of an "I AM" feeling. My scoring patterns were consistent with the OBE hypothesis: that there is something that can leave the body--some consciousness which could be thought of as leaving the body at death. My score was significant.

This led them to the second experiment with the color wheel. This device is based upon a different optical principle to distinguish between various modes of perception. It is a sort of enclosed roulette wheel about 14" in diameter. In this case, the target is a colored image on a black background. The only way to see the target correctly is to look precisely through the small window on the top of the box. Once again, I scored the experiment with significance.

In a series of three (two with the Optical Image, and one with the color wheel), gives these results: The average score of the three tests calculated on the law of probability is one out of a hundred. In the third series, independently, the law of probability would be one out of a thousand.

It was during this time that Alex II returned. He emerged from the light--and there he was! It was a spontaneous experience, but he has stayed with me since. We tested once for his presence with photo-multipliers and in one session, we had outstanding results.

In the meantime, Dr. Osis was thinking of new improvements for the Alex II experiment.

Something happened one early morning in January. I had just come back from a date. I was staying at the American Society for Psychical Research. It was two-thirty A.M. I came in and hit myself against the door and my lip began bleeding. I went into the bedroom to look at it, and threw myself on the bed. Suddenly, I found myself in Canada at a friend's house. I knock at the door and the dog started

barking. My friend got out of bed, turned on the lights, and looked through the window. He opened the door and invited me in. I said: "I was just passing by and wanted to say 'hello'". It is now 3:30 A.M. in Canada. We chatted and the dog kept trying to bite my ankle. He pulled her back and said: "let me put Patty (the dog) back in the house". He closed the door and when he came back, he did not find me there. He waited, thinking that I had gone to my car to get my suitcase. When I did not return, he opened the door and the dog rushed out. He went out but could find no footprints, or tracks of a car, in the new snow. He returned to the house, all confused--then the dog barked to come in. He said to himself: "if Alex was not here then Patty was not out; but Patty was out, therefore, Alex was here".

It took him sometime to get himself together. The next morning his wife asked who was at the door since she heard us talking. It took him several hours to tell her all about it. He recorded the incident and mailed it to me, that day.

Back in New York, when I got up and started to get ready for bed, it was 3:00 A.M. I wrote down my experience of being there and when Dr. Osis compared our reports, they coincided. This incident became a milestone in our research. Since then, I have had other similar experiences.

THE STRAIN-GAUGE EXPERIMENTS:

I was asked to go out-of-body and localize myself in a shielded chamber containing strain-gauge sensors placed in front of a viewing window of the Optical Image device. I was to identify randomly selected targets displayed in the Optical Image device. Unintentional mechanical effects on the strain-gauge sensors were registered on a Beckman polygraph during the time I was trying to identify the targets. When I was looking at the target the strain-gauge

activity level was significantly higher for trials which were hits than the trials which were misses. One-hundred and ninety-seven (197) trials were taken, and one-hundred and fourteen (114) were hits and eighty-three (83) were misses.

These results are interpreted as conforming to the hypothesis of the OBE experience; which is that the OBE consciousness, or a major part of the human personality, is externalized and exists apart from the physical body.

I was never told what was being tested in this experiment. We are still testing and I do not know what all they are seeking. I prefer it that way.

WHAT THE CURRENT RESEARCH ON OBE SHOWS:

1. When I project to another place, we find that my brain wave amplitudes seem to become modified, indicating electrical quiescence in the region of the brain at the back of the head.

2. When out-of-body, my vision appears to be sharply localized at the spot where I say that I am. Moreover, the lack of eye movement in the physical body during an OBE suggests that it is not merely a waking dream.

3. It was found that there is a kinetic effect at the ostensible location of the OBE projection during perceptual testing.

4. My giving the correct description of pictures would indicate that something of me has actually been out in the box, while an inaccurate description would reveal my absence.

The major results of the analysis showed that the sensory plates were significantly more active at the times when I was scoring a hit on the visual target than at the times I scored a miss.

This suggests, not only that there is a physical effect at the location to which I project, but that the OBE

might be a fluctuating process. It seems that I might have projected more of myself, out-of-body, on a hit target, than I do at other times during the misses.

APPARITIONS AS PROOF FOR SURVIVAL:

While still working on the Optical Image device, we are doing work on apparitions as another source for the proof of survival. I will not go into what an apparition is, but rather to explain our work in the field.

Apparition reports are as frequent as UFO's. People from all walks of life have reported them. What are they? There are many theories on the subject, but we really do not know. I have been a channel of communication with other dimensions most of my life, and I have not come to any definite conclusion. I do feel that apparitions are some kind of consciousness which makes itself visible and are more perfect than we are. In other words, the higher consciousness can make itself visible to the lower consciousness. This appears to be seen in Christian lives of saints, angels and holy people who have transcended.

My work is to make contact with this entity or consciousness and see what kind of problem they are burdened with and to release them.

I am taken to a house. I am told nothing about the house. I go through the house with Dr. Osis and Donna McCormick. They tape all that I say, to see if it goes with what the ghost reporters tell us. I also add my own experience of what takes place.

For example: I was taken to a Quaker Church which was erected in the 18th century. It is now rented by another denomination. I was only told that there were some disturbances taking place.

I entered the small church with Dr. Osis and Donna McCormick, and walked to the front. There, before me, I

saw people sitting in a court fashion. I saw a woman, dressed in white, with her husband. I saw another woman who was accusing the man of adultery. He and his wife said it was false, but the court found them guilty and banished them.

This seemed almost like a fantasy. No one knew if this had happened.

Dr. Osis called the Quaker archives where the records were kept. The man there said, "Oh yes, that is right. I read the case". So here we found out that what I had said was true.

We worked on a number of cases and the research is being done on them. Will they help us to answer the question: "is there life after death?". I believe it will.

The work is going on and it excites me. We have many unsolved questions:

1. What is it that I am talking to or see?
2. How can science prove it?
3. Is it clairvoyance?
4. Or, am I really talking to an entity?

More work must be done. I see myself as a pioneer. I am testing, exploring and discovering through my ability. I believe this will give science an insight on what happens after death. I feel we are approaching towards scientific proof that there is an existence separate from this one. Our next step is to capture Alex II on film. These are some of the contributions, on my part, to the search and research for the proof of survival.